REPORT ON ANTI-DRUG AWARENESS CAMPAIGN PROGRAMME

Concept Note- This programme was organized by IQAC of Dispur Law College to make the students aware about the grave consequences of using alcohol or drug abuse or addiction of intoxication. Some experts and resource persons were invited to deliver speeches on the above mentioned topic on 16/03/2023.

Date-16/03/2023

Venue-Auditorium of Dispur Law College

Invited Guests: 1. Mrs Limpi Bhuyan, Psychological Counselor

- 2. Mr. Siddhartha Pratim Dutta, a motivational speaker and vice-president of Sobriety Foundation and administrative officer
- 3. Mrs Monalisha Baruah, President, 'Sadicha', an NGO.

Rapporteur: Dr. Jintu Borah, Assistant Professor, Dispur Law College

Objectives: 1. To create awareness among the students and the faculty members about the illicit use of drugs and other types of addictions.

2. To provide support and helpline to restrain from addictions and create positive vibes among the students.

After the felicitation programme Principal i/c Dr Swapna Manindranath Deka welcomed the guests with her welcome speech. Mr. Kamal Medhi, an Assistant Professor of the college hosted the programme. Almost all the faculties, office staff, and students attended the programme. Psychological Counselor, Mrs Limpi Bhuyan delivered her speech first. She talked about drug abuse, addiction and cravings for drugs. She explained how cravings make people dependent on substance. The dependency is of two types- physical and psychological. She also related to mobile addiction. This dependency on substance creates behavioral issues, schizophrenias etc. So the addicted people should consult doctors or go to rehabilitation centers.



Fig.1: Special motivational speech by Mr. Siddhartha Pratim Dutta

The second resource person was Mr. Siddhartha Pratim Dutta, a motivational speaker and vice-president of Sobriety Foundation and administrative officer. He told how the faith in spirituality could enable a person to abstain from drugs or alcohol. He explained how anger, greed and lust the three doors of hell affected a person's life. He advised students to read the Geeta, the holy book. He said that in the book how to live, what to eat is written; anybody can read the book and

thus enrich their lives. He advised students to practice yoga, meditation etc. and to love themselves. He encouraged others to think positively. Both the speakers interacted with the students and quenched them thirst for knowledge by answering their questions.



Fig.2: Play performed by a social cultural organization, named Nirbaak

There a mute play was performed by a social cultural organization, named Nirbaak. They could draw the attention of the students and audience gathered in the auditorium. The subject of the mute play was on anti-drug. A non-profit organization named 'Sadicha' whose president Mrs Monalisha Baruah and her companions distributed sanitary napkins to girl students of the college. The programme concluded with a vote of thanks offered by Dr Suranjana Kalita, an Assistant Professor of the college.



Fig.3: Few glimpses of the programme

Authenticated by:

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